

KINESIOLOGY (PHYSICAL EDUCATION) - BACHELOR OF SCIENCE IN KINESIOLOGY

A Suggested Plan of Study for Students

This roadmap assumes student placement in MATH 1220G College Algebra and ENGL 1110G Composition I. The contents and order of this roadmap may vary depending on initial student placement in mathematics and English. It is only a suggested study plan for students and is not intended as a contract. Course availability may vary from fall to spring semester and may be subject to modification or change.

First Year

Semester 1		Credits
CEPY 1120G	Human Growth and Behavior	3
ENGL 1110G or ENGL 1110H	Composition I ¹ or Composition I Honors	4
MATH 1220G or MATH 1250G	College Algebra or Trigonometry & Pre-Calculus	3-4
SPMD 1350	Social Foundations of Physical Activity	3
Area V: Humanities Course ²		3
Credits		16-17

Semester 2

COMM 1115G or HNRS 2175G	Introduction to Communication or Introduction to Communication Honors	3
EDUC 1995	Field Experience I (Spring Only)	1
MATH 1130G or MATH 1430G	Survey of Mathematics or Applications of Calculus I	3
SPMD 2250	Fitness for Health and Sport	3
An additional Area IV: Social and Behavioral Science Course (for licensure purposes) ²		3
Area VI: Creative and Fine Arts Course ²		3
Credits		16

Second Year

Semester 1

CEPY 2110	Learning in the Classroom	3
ENGL 2221G	Writing in the Humanities and Social Science	3
SPED 3105	Introduction to Special Education in a Diverse Society	3
Area III: Laboratory Science Course (BIOL, CHEM, or PHYS) ²		4
An additional Area IV: Social and Behavioral Science Course (for licensure purposes) ²		3
Credits		16

Semester 2

EDUC 3120	Multicultural Education	3
EDLT 3110	Integrating Technology with Teaching	3
SPMD 2210 & 2210L	Anatomy and Physiology I and Anatomy and Physiology Laboratory	4
SPMD 3110	Racquet Sports (Spring Only)	2
Either an additional Area V: Humanities or Area VI: Creative and Fine Arts Course (for licensure purposes) ²		3
Credits		15

Third Year

Semester 1

APPLY TO TEACHER EDUCATION PROGRAM (TEP)

SPMD 3120	Theory and Technique of Lifelong Outdoor Leisure Activities (Fall Only)	2
SPMD 3130	Theory and Technique of Sports and Games (Fall Only)	2
SPMD 3150	Theory and Technique of Dance and Rhythms (Fall Only)	2
SPMD 3310	Lifetime Activities	2
SPMD 3710	Motor Learning	3
Area III: Laboratory Science Course ²		4
Credits		15

Semester 2

APPLY TO STUDENT TEACHING		
READ 4330	Content Area Literacy (Spring Only)	3
SPMD 3140	Designing Student Centered Afterschool Physical Activity Clubs (Spring Only)	3
SPMD 3160	Elementary School Physical Education (Spring Only)	3
SPMD 3650	Motor Development (Spring Only)	3
SPMD 4520	Adapted Physical Education (Spring Only)	3
Credits		15

Fourth Year

Semester 1

SUBMIT STEP PACKET		
SPMD 3250	Introduction to Exercise Science: Exercise Physiology and Biomechanics (Fall Only)	3
SPMD 4530	Methods of Teaching Secondary Physical Education (Fall Only)	6
VWW: Viewing a Wider World Course ³		3
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Credits		15

Semester 2

EDUC 4820	Secondary Student Teaching	9
EDUC 4821	Middle and High School Student Teaching Seminar	3
Credits		12
Total Credits		120-121

¹ These courses may have prerequisites and/or co-requisites, and it is the student's responsibility to check to ensure the requirements are fulfilled.

² See the General Education (<https://catalogs.nmsu.edu/nmsu/general-education-viewing-wider-world/>) section of the catalog for a full list of courses.

³ See the Viewing a Wider World (<https://catalogs.nmsu.edu/nmsu/general-education-viewing-wider-world/#viewingawiderworldtext>) section of the catalog for a full list of courses.