

# CLINICAL MENTAL HEALTH COUNSELING - MASTER OF ARTS

The CEP department offers a Clinical Mental Health Counseling program which leads to a Masters of Arts degree (M.A.). The program is accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). It prepares professional counselors to perform mental health counseling in agencies, hospitals, and private practice. Successful completion of the Clinical Mental Health Counseling program qualifies students to pursue licensure as clinical mental health counselors with the New Mexico Counseling and Therapy Practice Board.

**For more information on program application requirements and process, see Clinical Mental Health Counseling, M.A., program website (<https://cep.nmsu.edu/academic-programs/counseling-guidance-m-a.html>).**

## Requirements

The 60-credit counseling curriculum requires two years full-time study or three years part time study on campus, and covers the following areas:

human development, appraisal; diagnosis and treatment planning; individual, family and group counseling; consultation; career/life planning; research; and professional issues. Specialized training and supervised experience is offered in mental health agencies, hospitals, and in schools.

## Program of Study

Prefix	Title	Credits
CEPY 5120	Human Development	3
CEPY 5130	Multicultural Counseling	3
CEPY 5170	Professional Issues in Mental Health Counseling	3
CEPY 5180	Addictions Counseling	3
CEPY 5210	Research Methods	3
CEPY 5220	Testing, Assessment, and Psychometric Theory	3
CEPY 5230	Counseling Theory and Technique	3
CEPY 5240	Child and Adolescent Counseling Theory and Technique	3
CEPY 5250	Family Therapy Theory and Technique	3
CEPY 5260	Group Work Theory and Technique	3
CEPY 5270	Diagnosis and Treatment Planning	3
CEPY 5280	Primary Care Psychology	3
CEPY 5320	Career/Life Planning and Vocational Assessment	3
CEPY 5985	Counseling Practicum	3
CEPY 5998	Counseling Internship	12
Elective Classes		6
CEPY 5150	The Art & Science of Mindfulness for Helping Professionals	
CEPY 5160	Organization and Administration of School Counseling Services	
CEPY 5990	Advanced Counseling Practicum	
CEPY 5997	Special Research Programs (Behavioral Health Practicum - with or without bilingual component)	
CEPY 6220	Spanish for Mental Health Professionals	

MSW 597	Special Topics (Child Welfare Interventions)	
SPAN 547	Advanced Hispanic Film	
or SPAN 548	Advanced U.S.-Hispanic Film	
SPAN 567	Advanced Study in Chicano Literature	
<b>Total Credits</b>		<b>60</b>

## First Year

Semester 1		Credits
Summer		
CEPY 5120	Human Development	3
CEPY 5130	Multicultural Counseling	3
<b>Credits</b>		<b>6</b>

## Semester 2

Fall		
CEPY 5230	Counseling Theory and Technique	3
CEPY 5170	Professional Issues in Mental Health Counseling	3
CEPY 5270	Diagnosis and Treatment Planning	3
<b>Credits</b>		<b>9</b>

## Semester 3

Spring		
CEPY 5220	Testing, Assessment, and Psychometric Theory	3
CEPY 5260	Group Work Theory and Technique	3
CEPY 5210	Research Methods	3
<b>Credits</b>		<b>9</b>

## Second Year

### Semester 1

Summer		
CEPY 5250	Family Therapy Theory and Technique	3
CEPY 5180	Addictions Counseling	3
<b>Credits</b>		<b>6</b>

### Semester 2

Fall		
CEPY 5280	Primary Care Psychology	3
CEPY 5240	Child and Adolescent Counseling Theory and Technique	3
CEPY 5985	Counseling Practicum	3
<b>Credits</b>		<b>9</b>

### Semester 3

Spring		
Grad Electives		
CEPY 5320	Career/Life Planning and Vocational Assessment	3
<b>Credits</b>		<b>6</b>

## Third Year

### Semester 1

Summer		
Grad Electives		
<b>Credits</b>		<b>3</b>

### Semester 2

Fall		
CEPY 5998	Counseling Internship	12
<b>Credits</b>		<b>12</b>
<b>Total Credits</b>		<b>60</b>

Please reach out to the Program Director for other advising plans, to include, if available, part-time enrollment.