

HUMAN NUTRITION AND DIETETIC SCIENCE (NUTRITION EDUCATION) - BACHELOR OF SCIENCE IN FAMILY AND CONSUMER SCIENCES

Concentration: Nutrition Education

A Suggested Plan of Study for Students

This roadmap assumes student placement in MATH 1220G Intermediate Algebra and ENGL 1110G Rhetoric and Composition. The contents and order of this roadmap may vary depending on initial student placement in mathematics and english. It is only a suggested plan of study for students and is not intended as a contract. Course availability may vary from fall to spring semester and may be subject to modification or change. Please meet with an advisor to determine course progression.

First Year

Fall		Credits
ENGL 1110G or ENGL 1110H	Composition I (C or better) or Composition I Honors	4
MATH 1220G	College Algebra (C or better) ¹	3
Choose one from the following:		3
ACOM 1130G	Effective Leadership and Communication in Agriculture (C- or better)	
COMM 1115G or HNRS 2175G	Introduction to Communication (C- or better) or Introduction to Communication Honors	
COMM 1130G	Public Speaking (C- or better)	
CHEM 1215G	General Chemistry I Lecture and Laboratory for STEM Majors	4
Recommended courses for 2 credits (not required) ²		
ACES 1120 or ACES 1210	Freshman Orientation or Financial Fitness for College Students	
Credits		14
Spring		Credits
Choose one from the following:		3
ENGL 2130G	Advanced Composition	
ENGL 2210G	Professional and Technical Communication (C or better)	
ENGL 2210H	Professional and Technical Communication	
ENGL 2215G	Advanced Technical and Professional Communication	
ENGL 2221G	Writing in the Humanities and Social Science (C or better)	
NUTR 2110	Human Nutrition (C or better)	3
NUTR 2120	Seminar I - Becoming a Nutrition Professional (C or better and only available in Spring semesters)	1
PHLS 1110G	Personal Health & Wellness	3
BIOL 2610G	Principles of Biology: Biodiversity, Ecology, and Evolution	3
Electives		2
Credits		15

Second Year

Fall		Credits
Area VI- Creative & Fine Arts Course ⁵		3
FCSC 2250	Overview of Family and Consumer Sciences Teaching (C or better and only available in Fall semesters)	3
FSTE 2110G	Food Science I (C or better)	4
SPMD 2210 & 2210L	Anatomy and Physiology I and Anatomy and Physiology Laboratory (C or better)	4
Credits		14
Spring		Credits
HRTM 2110	Safety, Sanitation and Health in the Hospitality Industry	1
HRTM 2120	Food Production and Service Fundamentals	3
PHLS 2110	Foundations of Health Education (C- or better and at DACC only)	3
PHIL 1145G or PHIL 2110G	Philosophy, Law, and Ethics or Introduction to Ethics	3
SPMD 2225 & 2225L	Anatomy and Physiology II and Anatomy and Physiology II Lab (C or better in both)	4
Credits		14

Third Year

Fall		Credits
Choose one from the following:		4-5
FSTE 4110	Food Microbiology (C or better)	
BIOL 311 & 311 L	General Microbiology and General Microbiology Laboratory (C or better for both)	
BIOL 2320 & BIOL 311 L	Public Health Microbiology and General Microbiology Laboratory (C or better for both)	
PHLS 3120V	Women's Health Issues	3
PHLS 3220	Foundations of Public Health (C- or better)	3
NUTR 3110	Nutrition Throughout the Lifecycle (C or better)	3
Viewing A Wider World ³		3
Credits		16-17
Spring		Credits
NUTR 3710	Food Systems & Policy in Dietetics	3
NUTR 3750	Applied Nutrition Research	3
FCSC 3110	Management Concepts in Family and Consumer Sciences Teaching (C or better and only available in Spring semesters)	3
PHLS 4620V	Cross-Cultural Aspects of Health (C- or better)	3
HRTM 3310	Quantity Food Production and Service	4
Credits		16
Fourth Year		Credits
Fall		Credits
NUTR 4210	Community Nutrition	3
PHLS 4610	Health Disparities: Determinants and Interventions	3
NUTR 4220	Food Service Organization and Management (C or better, Fall only)	3
FCSC 4120	Career and Technical Education Programs	3
FCSC 4510	Teaching Methods I for Family and Consumer Sciences (C or better and only available in Fall semesters)	3
Credits		15

Spring

PHLS 4810	Infectious and Noninfectious Disease Prevention (C or better and only available in Spring semesters)	3
NUTR 4565	Field Experience Community Nutrition	2
NUTR 4205	Nutrition Communication and Education	3
FCSC 4520	Teaching Methods II for Family and Consumer Sciences (C or better, Spring only)	3
ELAD 3110V	Introduction to Educational Leadership in a Global Society	3
Electives		2
Credits		16
Total Credits		120-121

¹ MATH 1220G College Algebra is required for the degree but students may need to take any prerequisites needed to enter MATH 1220G College Algebra first.

² Not required for the degree. Highly recommended if new to NMSU

³ AXED 4510 Introduction to Research Methods is only taught in the Fall semesters, this will require changes to year three- spring and year four- fall semesters, speak with your advisor if you'd like to take this course.

⁴ See the Viewing a Wider World (<https://catalogs.nmsu.edu/nmsu/general-education-viewing-wider-world/#viewingawiderworldtext>) section of the catalog for a full list of courses, cannot be offered through the College of Health and Social Services.

⁵ See the General Education (<https://catalogs.nmsu.edu/nmsu/general-education-viewing-wider-world/>) section of the catalog for a full list of courses