CEPY-COUNSELING & EDUCATIONAL PSYCHOLOGY

CEPY 1120G. Human Growth and Behavior
3 Credits (3)
Introduction to the principles of human growth and development throughout the life span. May be repeated up to 3 credits.
Learning Outcomes
1. Students will demonstrate an understanding of the scientific study of processes of change and stability throughout the human lifespan (i.e. Human Development).
2. Students will demonstrate a familiarity with the generally recognized stages of human development from conception to death.
3. Students will be able to demonstrate understanding of the normal and exceptional patterns of human development.
4. Students will be able to demonstrate understanding of recent research development regarding the identified stages of human development as they relate to gender and multicultural issues

CEPY 1150. Career Excellence
1 Credit (1)
Professional career curriculum to assist students in developing an understanding and ability to articulate who they are as emerging professionals through personal assessment activities. The focus will be on providing students with tools and strategies for reflection, planning, and goal-setting.Course does not count toward CEP minor. Spring only course offering. Restricted to College of HEST Majors only.
Learning Outcomes
1. Demonstrate an understanding of the relationship between academic and professional career success.
2. Express a familiarity with professionalism and career culture and communicate a comprehension of various professional career skills.
3. Apply material learned to other aspects to professional excellence.
4. Develop a career life plan that will highlight goals, taking into account life circumstances.
5. Become competent in appropriate professional communication.

CEPY 1160. Academic Excellence
1 Credit (1)
The course is designed to provide you students with a foundation in their personal academic process. The course will assist students in developing an understanding and ability to articulate who they are as beginning college students through personal assessment activities. The focus will be on providing students with tools and strategies for reflection, planning, and goal-setting. Topics discussed will include time management, study skills, test taking skills, stress management, motivational and academic discipline skills, interpersonal skills and college survival skills. We intend for this to be a supportive, respectful and collaborative environment where everyone can learn and grow. Fall only course offering. Restricted to College of HEST majors.
Learning Outcomes
1. Students will be able to demonstrate an understanding of the relationship between time management and academic success.
2. Students will be able to express a familiarity with college culture.
3. Students will be able to communicate a comprehension of study skills and test taking strategies.
4. Students will be able to apply material learned to other aspects to enhance academic excellence.
5. Students will be able to develop an academic life plan that will highlight goals, taking into account life circumstances.
6. Become competent in appropriate academic communication.

CEPY 2110. Learning in the Classroom
3 Credits (3)
This class introduces you to the basic principles of learning, including cognition, motivation, and assessment. You will examine the relationships between theory, research, and practice in learning, memory, child development, motivation, and educational assessment for the school setting. This course will provide the student with concepts and principles of educational psychology that will form a framework for thinking about learning and instruction and how theories of learning are connected to classroom situations May be repeated up to 3 credits.
Learning Outcomes
1. Define learning and compare and contrast the factors that cognitive, behavioral, and humanistic theories believed to influence the learning process, giving specific examples of how these principles could be used in the classroom.
2. Observe and reflect upon the teaching learning processes in economically, socially, culturally and educationally diverse classroom populations in order to develop a current understanding of students and families in public and private school.
3. Discuss how theories of information processing and cognitive theories of learning can impact memory, study strategies, and how certain teaching techniques can help students learn.
4. Compare teacher-centered and student-centered approaches to learning, and to identify a positive learning environment.
5. Identify various methods to motivate students and create effective learning environments.
6. Use major concepts of child and adolescent development, human learning, and social and cultural influences in planning and implementing classroom instruction, strategies, and management.
7. Evaluate the best means of accommodating instruction to meet individual needs and differences.
8. Students will examine how learning style, cultural and social issues and learning disabilities impact the learner's effectiveness in the classroom setting.
9. Explain different types of assessment used to assess learning and provide examples of effective assessment practices. 1
10. Discuss the relationship between motivation and classroom management

CEPY 2120. The Preschool Child
3 Credits (3)
Survey of psychological development from conception to age five. May be repeated up to 3 credits.
Learning Outcomes
1. Demonstrate an understanding of major theories of early childhood development
2. Demonstrate an understanding of recognized stages of human development from prenatal to preschool years
3. Explore cultural influences that may create variability in human development
4. Apply major theories to themselves and reflect on their early childhood development.

CEPY 2130. Adolescence - School Setting
3 Credits (3)

This course is designed to present the student with an introduction to the area of adolescent development with an emphasis on the positive aspects of this life stage. Students will be encouraged to be reflective on the topics presented in class that will include issues on diversity, culture, health, and well-being, emerging adulthood and suggestions for improving the lives of adolescents. May be repeated up to 3 credits.

Learning Outcomes

1. Students will become knowledgeable about the historical background of adolescent development.
2. Students will become knowledgeable about the major theories related to adolescence.
3. Students will evaluate different developmental theories and their fit across cultures as you reflect on your personal experiences through discussions and videos you will watch.
4. Students will identify key developmental milestones, conflicts, and concepts of each chapter presented by utilizing critical thinking skills as you complete summary questions.
5. Students will define relevant terms, ideas, and concepts in the study of adolescent development through quizzes and homework assignments.

CEPY 2140. Explorations of Counseling & Community Psychology
3 Credits (3)

An introduction and exploration of various career options and functions within the mental health disciplines to aid in professional development. Emphasis will be placed on depth and scope of the choices available including research, teaching, community work, public policy, and clinical work and prevention (e.g. counseling, psychotherapy, assessment, consultation). May be repeated up to 6 credits.

Learning Outcomes

1. Acquire knowledge of historical and contemporary issues which affect the provision of mental health services by members of diverse mental health disciplines including clinical, counseling, school, and community psychologists, clinical mental health counselors, and others.
2. Acquire knowledge pertaining to education and training requirements for various disciplines.
3. Acquire survey-level knowledge of psychological assessment, measurement, and treatment.
4. Acquire survey-level knowledge of various inquiry approaches applicable to research pertaining to mental health and well-being—both at the individual and community level.
5. Understand the mental health recovery model and explore the lived experiences of individuals with mental health problems in contemporary society.
6. Understand the principles of sensitivity and respect for diverse populations as integral to professional practice in diverse mental health disciplines and settings, including practice in educational and community settings.

CEPY 2140H. Exploration of CCP
3 Credits (3)

An exploration of careers, activities, & techniques in counseling, school, and community psychology. Taught with CEPY 2140 with differentiated instruction and/or independent project to be determined. Restricted to Las Cruces campus only.

Learning Outcomes

1. Demonstrating knowledge of the basic functions of careers in counseling, community and school psychology.
2. Establishing a familiarity with the educational requirements necessary for a career in counseling, community, and school psychology.
3. Acknowledging and enhancing sensitivity and respect for diverse populations in various counseling areas; including educational and community settings.
4. Beginning to develop the interpersonal skills needed to succeed in the counseling, community and school psychology professions.