

KINESIOLOGY (APPLIED EXERCISE SCIENCE) - BACHELOR OF SCIENCE IN KINESIOLOGY (ONLINE)

First Year

| Fall | | Credits |
|----------------|-----------------------------|-----------|
| ENGL 1110G | Composition I | 4 |
| or ENGL 1110H | or Composition I Honors | |
| or ENGL 1110M | or Composition I | |
| SPMD 1310 | Introduction to Kinesiology | 3 |
| SPMD 1120 | Medical Terminology | 3 |
| GEOL 1110G | Physical Geology | 4 |
| Credits | | 14 |

Spring

| | | |
|----------------|---|-----------|
| BIOL 1120G | Human Biology | 3 |
| BIOL 1120L | Human Biology Laboratory | 1 |
| SPMD 1350 | Social Foundations of Physical Activity | 3 |
| SPMD 2250 | Fitness for Health and Sport | 3 |
| ENGL 2210G | Professional and Technical Communication | 3 |
| or ENGL 2210H | or Professional and Technical Communication | |
| or ENGL 2210M | or Professional and Technical Communication for Multilingual Students | |
| Credits | | 13 |

Summer

| | | |
|----------------|-----------------------------------|-----------|
| MATH 1220G | College Algebra | 3 |
| COMM 1115G | Introduction to Communication | 3 |
| SPMD 2210 | Anatomy and Physiology I | 3 |
| SPMD 2210L | Anatomy and Physiology Laboratory | 1 |
| SPMD 2225 | Anatomy and Physiology II | 3 |
| SPMD 2225L | Anatomy and Physiology II Lab | 1 |
| Credits | | 14 |

Second Year

| Fall | | Credits |
|----------------|--|-----------|
| PSYC 1110G | Introduction to Psychology | 3 |
| SPMD 3550 | Psychology of Sport | 3 |
| PHLS 1110G | Personal Health & Wellness | 3 |
| SPMD 3250 | Introduction to Exercise Science: Exercise Physiology and Biomechanics | 3 |
| Credits | | 12 |

Spring

| | | |
|----------------|-----------------------------|-----------|
| MATH 1350G | Introduction to Statistics | 3 |
| SPMD 3410 | Exercise Physiology | 3 |
| JOUR 460V | Sports & Entertainment P.R. | 3 |
| CEPY 1120G | Human Growth and Behavior | 3 |
| Credits | | 12 |

Summer

| | | |
|----------------|--------------------------------|-----------|
| SPMD 3610 | Health and Exercise Psychology | 3 |
| SPMD 3650V | Motor Development | 3 |
| SPMD 3710 | Motor Learning | 3 |
| DANC 1110G | Dance Appreciation | 3 |
| Credits | | 12 |

Third Year

| Fall | | Credits |
|----------------|-----------------------------------|-----------|
| SOCI 3610V | Sociology of Pop Culture | 3 |
| PHIL 1145G | Philosophy, Law, and Ethics | 3 |
| SPMD 4350 | Exercise Testing and Prescription | 3 |
| SPMD 4410 | Exercise for Special Populations | 3 |
| Credits | | 12 |

Spring

| | | |
|----------------|---|-----------|
| PSYC 2210 | Abnormal Psychology | 3 |
| PHLS 3210 | Foundations of Community Health Education | 3 |
| GNDR 2110G | Introduction to Women, Gender, and Sexuality Studies (Elective) | 3 |
| SPMD 4540 | Psychology of Coaching in Sport | 3 |
| Credits | | 12 |

Summer

| | | |
|----------------|-----------------------------------|-----------|
| PHED 2996 | Special Topics | 3 |
| PSYC 2120 | Developmental Psychology | 3 |
| PSYC 2250 | Brain and Behavior | 3 |
| SPMD 4620 | Nutrition and Metabolism of Sport | 3 |
| Credits | | 12 |

Fourth Year

| Fall | | Credits |
|----------------------|------------------------------|------------|
| PSYC 3120 | Psychological Measurement | 3 |
| PSYC 3320 | Psychology of Personality | 3 |
| COMM 3510 | Organizational Communication | 3 |
| Credits | | 9 |
| Total Credits | | 122 |