

HLED-HEALTH EDUCATION

HLED 1110. American Heart Association Heartsaver First Aid CPR/AED**1 Credit (1)**

A video-based, instructor-led course that teaches students critical skills needed to respond to and manage an emergency until emergency medical services arrives. Skills covered in this course include first aid; choking relief in adults, children, and infants; and what to do for sudden cardiac arrest in adults, children, and infants. Upon successful completion of the course, students will become eligible for AHA Heartsaver® First Aid & CPR/AED certification. May be repeated up to 1 credit.

Learning Outcomes

1. Demonstrate the skills necessary to efficiently perform one (1) and two (2) rescuer CPR for adult, child, and infant victims of cardiac arrest at the Basic Life Support level.
2. Demonstrate the skills necessary to safely and effectively operate an automated external defibrillator (AED).
3. Demonstrate the skills necessary to intervene and care for an adult, child, or infant choking victim and be able to administer first-aid to this population.