FCST-FAMILY AND CHILD STUDIES

FCST 1130. Interpersonal Skills in Intimate Relationships
3 Credits (3)
Developing social skills within friendships, dating relationships, marriage, parenting, and families.
Learning Outcomes
1. To understand several theories that explain why some people have healthy interpersonal relationships while others do not.
2. To gain insight about one's self.
3. To learn and improve upon selected relationship skills that improve quality of life.
4. To learn skills that improve interpersonal relationships

FCST 2110. Infancy Through Middle Childhood in the Family
3 Credits (3)
This course discusses research and theory relevant to prenatal development and the physical, mental, and socio- emotional development of the child from birth through age 12. This developmental period will be examined across different cultures and in real world contexts. Attitudes, knowledge, and skills needed for working with young children and their families will be introduced. Restricted to Las Cruces campus only.
Learning Outcomes
1. Evaluate how genes and the environment interact to impact human development from prenatal stages through age twelve.
2. Assess the effects of environmental influences on the developing fetus.
3. Discuss the capacities of newborn development through age twelve.
4. Evaluate how individuals and couples change during the transition to parenthood.
5. Analyze the physical, cognitive, and social-emotional development of the child from birth through age twelve.

FCST 2135. Adolescent Development and the Family
3 Credits (3)
Research and theory relevant to the physical, mental, social, and emotional development of the children ages 12 to 18. Attitudes, knowledge, and skills related to working with adolescents in the family system. Observation in a variety of settings may be required.
Learning Outcomes
1. Compare adolescents of today with adolescents of the past.
2. Describe the physical, cognitive, and psychosocial development of the adolescent in the family system and evaluate individual differences in development.
3. Contrast ways in which culture impacts adolescent development.
4. Assess effective parenting strategies with adolescents.
5. Analyze the influence of family, peers, school, and work on adolescent development.

FCST 2140. Adult Development and Aging
3 Credits (3)
Research and theory related to the physical, mental, social, and emotional development of older adults. Attitudes, knowledge, and skills related to working with older adults in the family system, including normative, and nonnormative transitions.
Learning Outcomes
1. Contrast theories of adult development and aging and apply theories to adult behavior.
2. Hypothesize how physical, emotional, cognitive, and psychosocial aspects of adult development change over time.
3. Describe multicultural factors that impact attitudes toward aging and coping with aging family members.
4. Evaluate ways in which special issues (including but limited to Alzheimer's Disease, heart disease, end of life issues) impact aging.
5. Devise a conceptualization of one's own perspective in dealing with aging and aging family members.